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## **INDEPENDENT COUNSELLING**

**Do you have a disability?**

**Do you have a long term medical  
condition?**

**Are you looking after a disabled  
person?**

**Are you going through a difficult  
time in your life and would like to  
talk to someone in confidence?**

For an appointment with a fully  
qualified independent and non-  
judgemental Counsellor of the  
British Association for Counselling  
and Psychotherapy please telephone

**0845 6025561**



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